

Stages in awareness

AWARENESS

Meta Meta cognition, Meta Meta Awareness

Meta-cognition, Meta-Awareness

What's your next step in awareness...



Qualitative expansion

Mummy, I want an ice-cream!

SENTENCES

Mummy Cat Tractor

WORDS

Baba Tata Dodo

SOUNDS



Quantitative expansion



MINDS UNLIMITED

MASLOW, BARRETT AND STAGES IN AWARENESS



Source: Abraham Maslow's hierarchy of needs and Richard Barrett seven level of consciousness.